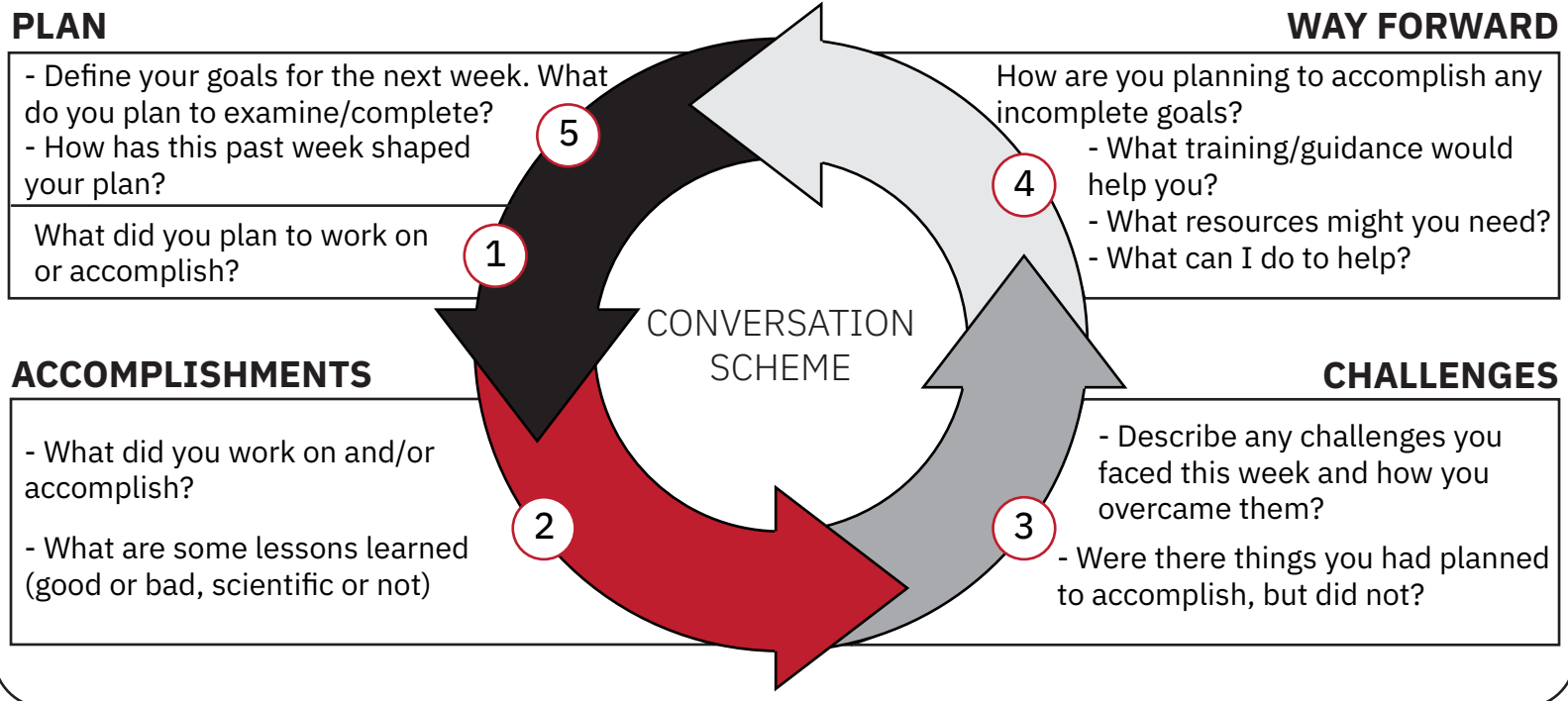


INTRODUCTION

This worksheet was designed by MIT Materials Initiative for Comprehensive Research Opportunity (MICRO) to guide research mentors and undergraduate researchers through their regular check-in conversations. It contains key questions to bring up during the semester and ways to enhance the mentee’s learning experience. This worksheet also introduces ways to assist the student in gaining confidence in their skills and structure the data they share with their mentor and colleagues.

CHECK-IN CHECKLIST ⁽¹⁾

This conversation scheme provides mentors and mentees guidance for their regular conversations during the semester. Weekly check-ins are strongly encouraged and should focus on the student’s accomplishments and the challenges they faced. Discussion should close on planning tasks for the following week.



ENHANCING MENTEE CONFIDENCE ⁽²⁾

Confidence plays an important role in enhancing learning. Enhanced confidence is also the result of producing high-quality science. Insecurities often arise in situations of stress: when research is “not working”, when we receive a poor grade, etc. This is where a mentor can make a difference, providing external support to the mentee who may have lost internal reinforcement. This table provides suggestions to enhance the mentee’s confidence as well as the associated potential challenges encountered as a mentor.

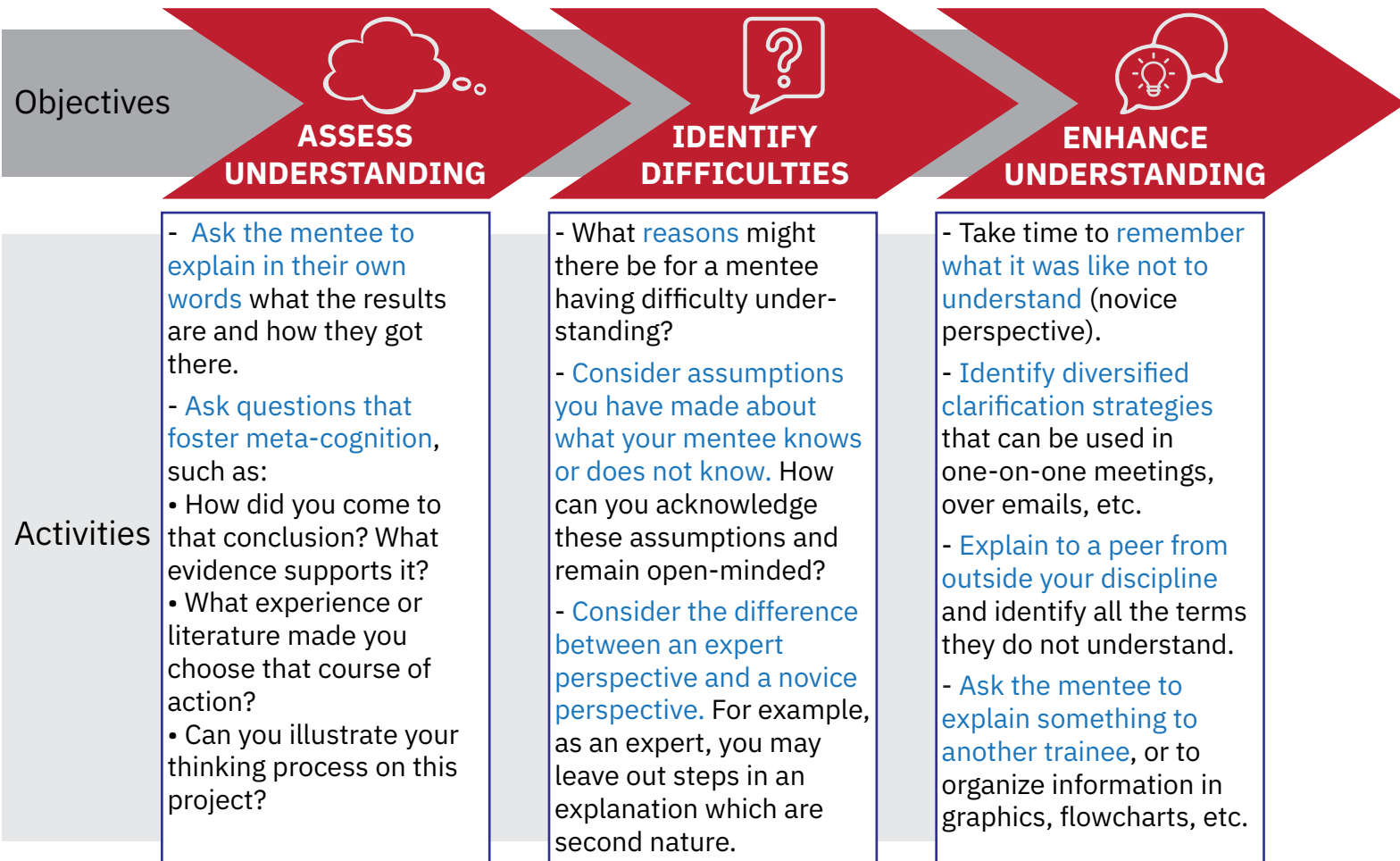
| OPPORTUNITIES | CHALLENGES |
|---|--|
| <ul style="list-style-type: none"> - Engage in active listening. Try to understand the student’s difficulties or sources of stress. - Set high standards for the mentee and help them meet them through reinforcement and coaching. - Express your faith in the mentee’s success and their ability to meet the standards. | <ul style="list-style-type: none"> - Be mindful to keep your mentee engaged while minimizing their stress level. Tasks too far out of reach or too easy can damage their confidence. - Do not measure the mentee against your own strengths e.g. “I never needed so much support so why should I have to give it to my student?” |

Sources: (1) Condensed Facilitating Effective Research Workshop for UROP Mentors, MIT UROP Office. (2) Entering Mentoring: First Edition, Christine Pfund, Janet Branchaw, and Jo Handelsman, W. H. Freeman, 2015, ISBN:9781464184901.

ASSESSING UNDERSTANDING ⁽²⁾

Formative assessment is the process by which a mentor assesses their mentee's understanding during the learning process. It has two main positive outcomes for the mentor and mentee.

1. This leads to the **identification of lack of understanding or misconceptions** at an early stage of the research experience, while the student is acquiring their knowledge and skills. This enables the development of appropriate strategies to enhance student learning and development as a researcher.
2. This **empowers the mentee** to think about their weekly tasks in the broader picture of their research project, and **engages them in critical thinking**. It also helps to shift information from short term memory to long term memory, contributing to lasting learning.



STRUCTURING DATA ACQUISITION AND SHARING ⁽³⁾

Managing remotely-generated research data can constitute a challenge due to lack of documentation and/or delocalized data on multiple computers. However, data organization and communication can greatly enhance the mentee's scientific understanding.

ENHANCED LEARNING THROUGH DATA MANAGEMENT

ACQUISITION

- Enable code version control and sharing e.g. GitHub/Dropbox
- Use integrated development environments e.g. Jupyter notebooks, Matlab live editor

DOCUMENTATION

- Emphasize commenting code for better understanding
- Encourage written summaries e.g. "read me" files, tutorials, method section

PRESENTATION

- Engage in oral presentations within the lab
- Promote written reporting and outside involvement e.g. poster sessions, abstract writing, etc.

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RES.3-006 MICRO Mentoring Resources and Materials Science Curriculum
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